



## What's new in Downsizing



Hello there!

We hope you are enjoying your summer! We're thrilled to bring you the latest insights and tips for making your transition smoother and more enjoyable. This month, we are highlighting the cost of delaying your downsizing plans, the top mistakes to avoid, and the latest trends in senior housing. We are also discussing upcoming local events, as well as the difference between Senior Move Managers and moving companies. Dive into these articles to empower your journey and ensure a stress-free move. Enjoy reading and happy downsizing!

---

*In Senior Settlers News...*

**Senior Settlers will be participating in two events this  
September right here in Marin!**

We will be participating in the San Rafael Business Showcase at Embassy Suites on September 12, 2024. [You can learn all about the event here!](#)

Senior Settlers will also have a booth at the Marin County Senior Fair at the Marin Civic Center Exhibit Hall on September 18, 2024. [Here is a link for all the event information.](#)

Both events are FREE to the public, and there will be a lot of great giveaways!

## SENIOR MOVE MANAGERS vs. MOVING COMPANIES It's so much more than moving.

- Senior Move Managers® provide a multi-faceted approach to the move process: from space planning in the beginning to post-move settling in and support.
- Move Managers minimize the chaos and stress associated with moving by addressing all aspects of the move process. They are responsible for creating and executing a seamless action plan, customized to the client's wishes.
- Actually, some but not all Senior Move Managers® are also movers. Those providers that are not movers will work closely with a reputable local moving company to complete that aspect of the job.
- With the gentle and expert guidance of an experienced Senior Move Manager®, older adults and families make the key decisions without the emotional and physical distress that can follow. As a result, they avoid the costly mistakes and remorse that often accompany such major lifestyle transitions.
- Senior Move Managers® do so much more than simply sort, settle and move boxes; with loads of energy, expertise and experience, Senior Move Managers® take the worry (and work!) out of the move process. The client's job is to simply enjoy his or her new living arrangement.

### SENIOR MOVE MANAGERS® MAKE THE DIFFERENCE!



Required to carry insurance and subscribe to the NASMM Code of Ethics



Required to take Courses in Safety, Ethics, Liability & Understanding the Moving Industry



Committed to delivering person-centered services to alleviate stress & anxiety



Supervise all aspects of your move from start to finish!



Expert  
Compassionate  
Affordable



National Association of  
Senior & Specialty Move Managers

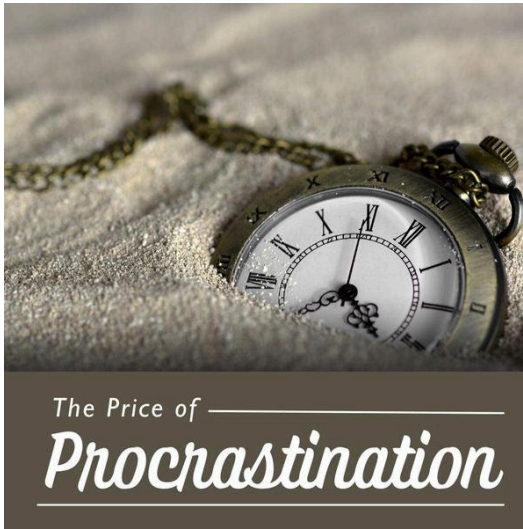
☎ 248 442-5859

✉ [info@nasmm.org](mailto:info@nasmm.org)

🌐 [www.nasmm.org](http://www.nasmm.org)

Senior Settlers is NASMM A+ Certified, and we would love to help you with your move. All our contact information is below!

# Downsizing News



The Price of \_\_\_\_\_  
*Procrastination*

### The Price of Procrastination

Delaying your downsizing plans can lead to increased costs and emotional stress. Discover the benefits of acting early and how to streamline your transition effectively.

[Read More](#)

### Top 5 Mistakes People Make When Downsizing

Avoid common pitfalls like underestimating the time needed or neglecting sentimental items. Learn the top mistakes and how to sidestep them for a smoother move.

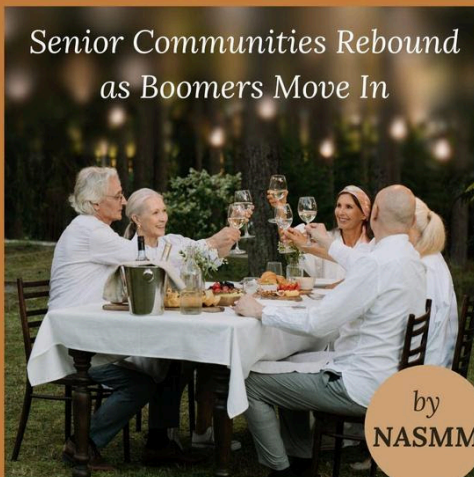
[Read More](#)

## Top 5 *Downsizing Mistakes*

- 1) *Trying To Do It All Yourself*
- 2) *Waiting Too Long To Start*
- 3) *Deferring Decisions*
- 4) *Taking It Too Seriously*
- 5) *Not Taking Breaks*



### Senior Communities Rebound as Boomers Move In



by  
NASMM

### Senior Housing Rebounds as Boomers Move In

Senior housing is experiencing a resurgence as baby boomers seek new living arrangements post-pandemic. Explore the trends and what this means for the future of senior housing.

[Read More](#)



Thinking of Downsizing? We'll save you time, energy and money.

Call us first!

415-755-3340

[Info@Senior-Settlers.com](mailto:Info@Senior-Settlers.com)

